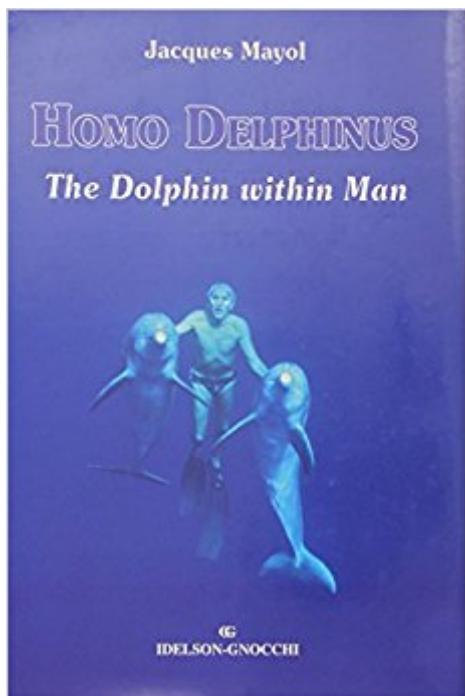


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# Homo Delphinus, The Dolphin Within Man



## **Synopsis**

This book holds appeal for divers, laymen, romantic, and dolphin lovers alike, regarding man's spiritual connection to the sea.

## **Book Information**

Hardcover: 361 pages

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## **Customer Reviews**

"Homo Delphinus, The Dolphin Within MAN" is ultimately about the relationship between man and dolphin. -- SKIN DIVER MAGAZINE, November, 2000 ...people who still dive for food, in "apnea" . Talks about the lobster and conch fishermen of the T.C.I.. -- Times of the Islands, The International Magazine of the Turks & Caicos Islands Book award as Winner and Finalist of the 2001 Independent Publisher Book Award Genre: Inspirational/Spiritual -- Independent Publisher Homo Delphinus is a beautiful book that tells the tale of an extraordinary man and his love for dolphins. -- Alexandra Cousteau Mayol's analysis of his spiritual connection to the sea, stresses the benefits Yoga and Zen can have to free divers. -- Times of the Islands, This large format, gorgeously photographed volume, is the culmination of a lifetime of personal oceanic experiences by Jacques Mayol... -- Michael Lawrence

Text: Italian, French (translation) Original Language: English

Jacques Mayol launches first book in the United States Idelson-Gnocchi Publishing is pleased to announce the release of Jacques Mayol's first book published in the United States, "Homo

Delphinus - The Dolphin within Man". This large format, gorgeously photographed volume, is the culmination of a lifetime of personal oceanic experiences by Jacques Mayol, easily one of the most accomplished free divers of his or any other generation. Jacques Mayol, holder of a dozen world breathhold diving records, was the first man to descend to 100 meters (330 feet), a feat he accomplished in 1976. He followed this with yet another record breaking drop to 105 meters (346 feet) at the age of 56. A Frenchman born in China, Jacques Mayol now splits his time between homes on the island of Elba in Italy, the island of South Caicos in the Turks & Caicos and a full life in Japan. He is a practitioner of Yoga, Zen and other Oriental life philosophies, essential disciplines he incorporates into his free diving practices. *Homo Delphinus* demonstrates an exceptional personal vision of the interaction between one man and the sea. It also provides a superb explanation of how the separate disciplines of science and philosophy come together to allow these extraordinary free diving explorations of the ocean. This theme goes hand in hand with Jacques' deep abiding love for the ocean and its inhabitants, particularly dolphins. He spends much of the book exploring both the affection and the similarities existing between man and dolphin, a heartfelt search for "the dolphin dormant in all of us". The adventures in Jacques' life were chronicled in the landmark Luc Besson film 'The Big Blue'. He has been the subject of numerous national and international broadcast interviews and print features. Jacques is also one of the world's leading authorities on 'apnea', a phenomenal physical discipline which reduces heart rate and respiratory functions, thus allowing him to perform his remarkable diving feats. Free diving aficionados worldwide recognize and thank him for his insight, his developments of the sport and for his accomplishments. At 72 years of age, Jacques still revels in the ocean, swimming and diving virtually every available day. Idelson-Gnocchi Publishing is based in Napoli, Italy where it has been publishing specialized Scientific Publications since 1908. The company now has offices in both Italy as well as in Florida.

I first heard of the late Jacques Mayol from the now classic cult movie "The Big Blue". Judging by this encyclopedic work, the real Jacques Mayol was a more interesting character than his celluloid image. "*Homo Delphinus*" is clearly a work of love and a beautiful book. It is published in a large glossy format with stunning photos. It is difficult to classify the book as it is a combination of science, semi-science, ecology, philosophy and mysticism. Mr. Mayol is successful in producing a touching work that summarizes his life long romance with the aquatic world and his hopes and visions for the future. As I said, the book is encyclopedic - Mr. Mayol covers a wide range of topics- and this is also one of the weaknesses of the book. At times I felt that the author was rambling a bit. Perhaps a

good editor would have helped Mayol be more focused. The translation is not always smooth. From the book itself it is unclear if the translation was done from the original French, the Italian version or both. I was very interested to read that Mayol did not take kindly to the fact that freediving has become a type of extreme sport. He feels that this is dangerous and misconstrues the real spirit of apnea diving. I would recommend this book to anybody interested in the oceans, marine mammals or diving. If I could, I would have rated the book 4 1/2 stars.

quickly and reliably

What a comforting and warming view of the world this beautiful man had. Definitely an "I need to feel good" book. To be "inhaled" again and again. Inspirational.

the best book I ever had!

I bought the book and it was supposed to be new. Fact is, that it arrived and the cover looks and is really used (scratches, stains, imprints, etc. and no plastic cover or anything marking it as new and unopened). Plus it had a very small and very tight carton packaging squeezed the edges of the cover/the book together which makes it all even worse. It was supposed to be a gift and I do definitely expect to receive what I bought - a book that is new! Poster inside looks used and dirty stains on the back. Book inside is OK as far as I can tell.

Sorry, I bought this well in advance because I wanted to make sure coming from the USA that I got it as requested for my Daughter's Birthday in June, will report back when she has read it

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